

Friends of the Cumbres & Toltec Scenic Railroad, Inc.

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SIGN-UP INSTRUCTIONS FOR VOLUNTEER WORK**2010 SEASON****VOLUNTEER WORK**

The *Friends* volunteer work program has two separate activities: (1) the *Interpretive Program* and (2) the *Historical Restoration and Maintenance Program*.

I. THE INTERPRETIVE PROGRAM

The interpretive mission of the *Friends* is to tell the story of the *Denver and Rio Grande Western Railroad*. The *Friends Interpretive Activities* include: (1) the Docent program; (2) preparation of brochures and informational documents; (3) preparation and installation of exhibits and signs; (4) construction of pathways on railroad property to enhance public access; (5) archaeological investigations; (6) creation of interpretive plans for sites that have existing structures (Chama, Cumbres, etc.) or sites that have ruins of structures (Big Horn, Toltec); (7) creation of interpretive plans for the display of historic cars that will not be used in charter service; (8) collection of reference materials (photos, maps, letters); and (9) preparation of comprehensive studies of individual structures and cars.

DOCENTS

A **docent** is a greeter of guests as they arrive to ride the train. A *docent* is a person who enjoys people by going out of his/her way to help guests enjoy their experience while visiting the C&TSR. That might entail answering questions, helping passengers to board or disembark from the train, pointing out points of interest along the route and any number of other helpful tasks as needed. A *docent* must have a good knowledge of the book "*Ticket to Toltec*" and the *Friends Walking Tour brochure*. Volunteers must successfully complete five days of training before working as a docent.

A **docent** has expert knowledge about the C&TSR as a living museum. The docent must not only know about the railroad, but also about flowers, wildlife, geology, the history and culture of the area. Experienced docents also act as trainers and mentors to new volunteers entering the program.

A **docent** may be assigned to work either the Chama or the Antonito yard to greet passengers in the morning. During the day the *docent* is available to talk to people who are driving through and stop to investigate. The *docent* assigned to the yard is available to give personalized tours of the train yard area and to explain the various exhibits.

When working the train, the docent will greet passengers in the morning and then ride the train through to the other end of the line and use the bus for completing the round trip. *Docents* will make themselves available to the passengers on the train throughout the day by answering questions, pointing out features along the way, and providing help when needed.

DOCENT SEASON

The Friends Docent program operates daily from the opening day (May 22, 2010) until the closing of the railroad (October 24, 2010), whether the train runs or not. Historically we have found that July and early September are the times when more docent volunteers are needed. Remember that new trainees must schedule training in advance.

DOCENT SCHEDULING

To help with scheduling, a web site calendar is available to let volunteers know when other docents are planning to be in Chama or Antonito. This is meant to be primarily a vacation-planning calendar, not an actual schedule of work. Members may view the calendar at <http://www.cumbrestoltec.org/cgi-bin/webcal.pl>. Actual work schedules will be handled by an “**on-site**” **coordinator** who will be responsible for scheduling day to day assignments and handling other issues as they occur. Details will follow after registration is received.

We know from past experience that we must limit the number of docents to two per train. Too many docents distract from our guest's experience on the train. We encourage volunteers to pick days and weeks where help is needed the most. Should the need arise to limit the number of docents on trains, we will rotate daily assignments to give everyone an opportunity to participate. Those not riding the train may be asked to work in either the Chama or Antonito yards.

To keep docents informed of the most current happenings with the program, periodic e-mail newsletters will be sent. Access to the Internet, especially e-mail capability, will be important to fully participate in the *Docent program*. Please make sure that we have your current e-mail address. The current e-mail address for Docents is docentch@yahoo.com.

DOCENT WORK LIMITATIONS

The docent program is more demanding than most people realize. A docent assigned to work the train will typically put in an eight to ten hour day and occasionally more. Most of this time requires the docent to be on his/her feet and move throughout a rocking train. This can take quite a toll on the body. We have had a few volunteers ask to be assigned to work only the yards. The length of workdays in the yard is typically shorter and there are more opportunities to sit down during the day. Please indicate on form R-12 if you wish to only work the yards.

II. THE RESTORATION AND MAINTENANCE PROGRAM

One of the principal missions of the *Friends* is the maintenance, repair and restoration of both structural property and rolling stock belonging to the *Cumbres and Toltec Scenic Railroad*. These activities are carried out at several locations.

The Friends operate a Restoration Facility in Colorado Springs, Colorado. This unit provides a yearlong volunteer opportunity for Friends members who reside in the Denver, Pueblo, and Colorado Springs area. This unit is located on the site of the *Pikes Peak Trolley Museum at 2333 Steel Drive*. Currently this unit is restoring narrow gauge Tourist Sleeper Coach # 0252. *This project will continue for several years.*

The *Friends* also perform restoration and maintenance work by hosting weeklong work sessions during the spring and summer months along the railroad in Colorado and New Mexico and also at Nevada City, Montana. These work sessions are identified by the letters A, B, C, D, E, and F (also M1 & M2 in 2010) Each includes a variety of restoration and maintenance projects. Docents have a different work schedule and do not participate in these work sessions.

Following are the dates of the 2010 Work Sessions:

May	24 - 28	Session A	
May	31 - June 4	Session B	
June	14 -18	Session C	
June	21 - 25	Session D	
August	2 - 6	Session E	
August	9 - 13	Session F	
August 16 - 20		Session M1	(Montana Work Session)
August 23 - 27		Session M2	(Montana Work Session)

Work sessions run from Monday through Friday with Friday to be scheduled by the *Team Leader* as needed for continuing work or for shutting down until the start of the next session.

VOLUNTEER REGISTRATION INSTRUCTIONS

HOW TO BECOME A VOLUNTEER

You must be both a current member of the *Friends of the Cumbres & Toltec Scenic Railroad, Inc.* and also a registered volunteer to take part in the volunteer work program. In addition, if you are volunteering to work at the Colorado Springs Work site you must also become a member of the *Pikes Peak Historical Street Railway Foundation*.

Work session volunteers must be at least thirteen (13) years of age. Teen-aged volunteers must be accompanied and supervised by an adult volunteer. *Junior volunteers* may be ten to twelve (10-12) years of age and may participate only under special pre-approved conditions. Docent volunteers must be at least twenty one (21) years of age.

Membership in the *Friends* can be established either prior to registration or in conjunction with registration. Form R-2 may be used for both membership application and work session or docent registration.

THE 2010 VOLUNTEER WORK PACKAGE

The complete 2010 volunteer registration package consists of the following documents:

Form R-1	Sign-up Instructions (Long form)
Form R-1A	Sign-up Instructions (Short form)
Form R-2	Volunteer Work Registration
Form R-5	Skills Checklist
Form R-7	2010 Volunteer Work Plan
Form R-8	Work & Safety Rules
Form R-9	Lodgings in the Chama & Antonito areas
Form R-10	Order Form - Name badges
Form R-12	Requested Work Schedule for Docents
Form R-17	Guidelines for Rehabilitating Historic Buildings
Form R-18	2010 Volunteer Information brochure
Form R-29	Membership Application Pikes Peak Historical Street Railway Foundation

HOW TO REGISTER AS A VOLUNTEER

Colorado Springs Work Site Registration Procedures

Two separate procedures are necessary to register for volunteer work at the *Friends* Colorado Springs Site. The *Friends* work space there is located on the grounds of the Pikes Peak Trolley Museum. One of the stipulations governing the use of this space is that *Friends* members wishing to work on the Trolley Museum property must also be members of the *Pikes Peak Historical Street Railway Foundation (PPHSRF)*. This arrangement was adopted by the *Friends* Board of Directors and is a registration requirement.

a. **Form R-29, Membership Application** can be downloaded from the *Friends* web site. It is a facsimile of the PPHSRF membership application. In order to establish an initial membership, each Colorado Springs volunteer should complete this application and submit it, along with payment, directly to the address listed on the form. This will establish initial annual membership in the PPHSRF. Acknowledgement will be sent by return mail when processed. In future years each *Friends* PPHSRF member will receive a renewal notice directly a month prior to expiration of the membership.

b. **Form R-2, Registration for Volunteer Work.** Since the Colorado Springs work program is yearlong, this form should be completed and submitted along with the required registration and insurance payments to the *Friends* office (see next paragraph) at the start of the calendar year.

Docent and/or Work Session volunteer registration procedures

Members who wish to sign up to participate in any or all of the planned 2010 volunteer work sessions or the docent program should complete and return the following documents to: ***Friends of the C&TS, 6005 Osuna Road NE, Albuquerque, NM 87109.*** Separate forms are required for each volunteer.

Required Items:

- **Form R-2, Registration for Volunteer Work** - The job numbers needed to complete this form may be found on Form R-7. Form R-2 can be used for both membership sign-up and volunteer work registration.
- **Form R-12, Requested Work Schedule** - Yard/Train Docents (**docent volunteers only**)
- **Check or other form of payment**

Requested but optional item:

- **Form R-5, Skills Checklist** - All volunteers are requested to complete this form.

The *Skills Checklist* provides key information that is used by the *Friends* at the time of crew selection and as advice to team leaders in making crew assignments. Docent volunteers should also furnish a *Skills Checklist* (Form R-5).

The *Skills Checklist*, was expanded in 2007 to include additional information that was not previously collected by the *Friends*. This was due to a growing need to identify volunteer skills and interests in additional occupational areas to enable the *Friends* to establish new work session programs and to augment some existing work session responsibilities. Returning work session and docent volunteers are requested to furnish an updated *Skills Checklist* for 2010 if this information was not previously furnished. All new first time volunteers are requested to complete a *Skills Checklist*.

REGISTRATION DEADLINES

The logistics associated with planning and scheduling over seventy restoration jobs and scheduling over 130 days of train/yard docent services makes it essential that the *Friends* know well in advance how many members are planning to volunteer during 2010.. We will, therefore, observe the following submission deadlines:

May (A & B) work sessions	April 20
Train/yard docents	May 5
June (C & D) work sessions	May 5
August (E & F) work sessions	July 1
August (M1 & M2) work sessions	July 10

Please avoid being late with your registration because if we do not know that you are planning to participate, we will not be prepared for your arrival and may need to reject your application. Our plans will be based on the registrations received by the above cut-off dates.

Late registrants for work sessions will be assigned to crews only if slots remain after the early registration is completed.

You will be advised of your work assignment by E-mail shortly before the start of each work session. If you do not have an E-mail address, we will send your assignment by USPS. If you have changed your Internet Service Provider (ISP) since last year, please be sure to provide you current E-mail address when you register.

PROJECTS

Form R-7 (a part of this instruction package) contains a list of all projects planned for the 2010 season. Each line (row) on *Form R-7* identifies a separate project and shows the scheduled dates, the name of the *Team Leader* assigned to the job, and the number of volunteers required for the project. If more detailed project information is needed it will be necessary to contact the applicable *Team Leader*. Contact information can be obtained from our Albuquerque Office (505-880-1311).

TEAM LEADERS

A *Team Leader* is assigned to each project. One of the major challenges for the *Friends Projects Committee* is the recruitment of *team leaders* to supervise projects that have been selected for the coming year. The *Friends Volunteer work* program is only possible when members come forward and volunteer their services as "*Team Leaders*". When team leaders cannot be found, planned projects must be either cancelled or deferred. If you are willing to become a Team Leader, please let the *Friends* know of your availability. There may be some projects listed on the current *Form R-7* that have no team leader indicated. This is may be because we have not been able to find any member to lead these projects.

PROJECT ASSIGNMENTS

Each member must complete a *Volunteer Work Registration (Form R-2)* to volunteer for a Restoration and Maintenance project assignment or as a Docent. Up to four project selections can be listed for *Restoration and Maintenance jobs*. Volunteers will be assigned to these projects on a first come first served basis but volunteers who have worked on the project previously will be given preference. Assignments will be limited by the crew sizes required for the project. *Form R-7* shows the planned crew size for each project.

Every effort will be made to assign volunteers to the project of their first choice but it is sometimes necessary to revise crew assignments due to special conditions such as overages, shortages, last minute job revisions, etc. In any case, the *Friends* will try to provide applicants with the assignment of their

choice and if that is not possible, another comparable assignment that should be of interest and within one of the skill categories listed by the applicant on his/her *Skills Checklist (Form R-5)*.

SITE HELPERS

Volunteers must participate for all the days of the work session for which they register. However, if a volunteer feels that he/she might find it difficult because of age or a physical condition to work a full day on one of the more strenuous projects, please let us know at the time of registration. This is done by placing an "**SH**" suffix after each of the project numbers listed on the Form R-2. For example, a Site Helper for the Tool Car would be shown as 240SH. The SH following the project number tells us that the volunteer wishes to sign up as a **Site Helper** rather than as a full time volunteer. This information will be passed along to the team leader(s) assigned to the project(s).

JUNIOR VOLUNTEERS

Volunteers between the ages of 10-12 are eligible to participate in Friends work sessions in a limited capacity. They must have a designated guardian. For **Junior Volunteers (JV)** safety and constant supervision are the two most important factors. In most cases, the young person must work on the same crew as his/her responsible guardian. Occasionally, and with prior approval from the team leader, the guardian may designate another responsible individual to supervise the work. This might occur on occasions when the junior volunteer desires a work experience different from that of the guardian.

Junior volunteers must be current *Friends* members and are required to fill out all forms and pay all fees associated with participation in work sessions. These include: *Release Waiver and Certificate of Compliance* and proof of health insurance. A "**JV**" suffix should be added to each project number shown on the form R-2" for the *Junior Volunteer* to tell us of the individual's work status.

Types of project assignments that **Junior Volunteers** may perform:

1. Daily Trash detail: (1) for kitchen car, (2) after lunch in the eating area, (3) in front of tool, bolt and other supply boxcars.
2. Assisting with jobs involving restoration of rolling stock and structures with the following limitations: (1) may not use power tools, (2) may not climb or be on ladders, and (3) may not be on roof of cars or buildings
3. Landscaping crew — watering, pulling weeds, use of wheelbarrow.
4. Bolt Car — sorting bolts, nuts and screws.
5. Tool Car - running errands in the yard, relaying messages in the yard; posting notices on the message board, etc.

BUDDIES OR FRIENDS

It is not uncommon for several families, relatives or friends to travel together and to volunteer together with the hope that they will be assigned to the same crew or at least in close proximity so that they can enjoy their volunteer work experience together. We also frequently have father and son, grandfather and grandson and/or husband and wife teams who want to work together.

We will do our best to honor these arrangements providing you tell us that you wish to work with another volunteer. *The Registration for Volunteer Work form (Form R-2)* has a space in the heading labeled

"Work with (Name)". You should enter the name of the individual(s) you want to work with in the space provided.

FAMILY MEMBERSHIPS

You must be a current member of the *Friends* to participate as a volunteer. Volunteers often join the *Friends* as a family rather than as individuals. If you are joining the *Friends* as a family for the first time or renewing a family membership, please enter the full name & relationship of each of your family members on the reverse side of Form R-2, otherwise we will treat your sign-up as an individual membership. Basic memberships (individual or family) range from \$30.00 USA (\$40 Foreign) to \$49.00 per year. Shareholder memberships are \$50.00 and more depending upon the individual's choice.

FEES FOR VOLUNTEER WORK

Registration fees cover the actual costs associated with the volunteer work program including insurance, administrative costs and lunches during some sessions. We request these special fees to maximize the use of general contributions for the actual preservation and restoration materials.

Following are the fees for each participating individual for the 2010 work season. *Docents* pay only the insurance and *docent* registration fee.

Work session registration	\$ 20.00	each work session
Lunches (sessions A, B, C, D, E, F, M1 & M2)	\$ 30.00	each work session
Insurance	\$ 15.00	per year
Docent registration	\$ 15.00	per year
Colorado Springs Work Site registration	\$ 20.00	per year

LUNCHEES AND REGISTRATION FEES

The purchase of lunches is optional. However, if you elect not to purchase lunches, the \$20 registration fee must still be paid. The registration fee includes snacks and drinks for all of the regular work workdays of the work session(s). If you have any special dietary limitations, you will be responsible for your own lunches.

If a *Volunteer* happens to be working as a *Docent* during one or more of the *Friends* work sessions and wants the *Friends* to provide lunches in Chama, he/she must sign-up for work session lunches and pay the \$30 lunch fee. Job #233 is provided for this purpose (see form R-7).

It is anticipated that lunches will be provided in Osier for train docents

MEDICAL INSURANCE

You must have health insurance to participate as a Volunteer. Your insurance company and your health insurance policy number must be shown on Form R-2 at the time of registration. In addition, there is a \$15 fee for supplemental insurance that the *Friends* purchase to provide coverage for the first-dollar up to \$2500.00 for medical treatment. This insurance is intended to assist the Volunteer cover a portion of the deductible on his/her own health insurance in the event of an injury/accident during the work session. The \$15 insurance fee covers the Volunteer for a calendar year and, therefore, if the volunteer is attending more than one work session, the COS facility or is volunteering as a docent, the \$15 insurance fee needs to be paid only once.

WAIVER, RELEASE AND CERTIFICATE OF COMPLIANCE (see Form R-2)

A signed and witnessed *Waiver, Release and Certificate of Compliance*, is required for each volunteer. There are no exceptions. The *Waiver, Release and Certificate of Compliance* is part of the *Volunteer Work Registration Form R-2*.

Any other adult can sign as a witness. When the volunteer is a teen-ager, he/she must sign, and his/her parent or guardian must also sign, and another adult witness must sign.

If you do not return a signed *Release Waiver and Certificate of Compliance*, you will be asked to sign one at the time of check-in. This *Release Waiver* is a condition for working as a *Friends Volunteer*. Please remember you are requesting to go on railroad property or Friends leased or owned property for your own benefit and enjoyment and cannot look to the *Railroad Commission* or the *Friends* for financial assistance in the event of injury.

SPECIAL ANNOUNCEMENTS

Montana Work Sessions M1 and M2 (Projects # 1130, 1131, 1147 1148, 1149, & 1150)

Two special work sessions (M1 & M2) are scheduled in August in Nevada City, Montana to obtain narrow gauge trucks that are needed for the C&TS tank cars located in Antonito. Nevada City, Alder Gulch and nearby Virginia City, Montana are old historic mining towns located on MT Highway 287 between Ennis and Twin Bridges.

Project background

In 1863 gold was discovered along Alder Gulch in Montana. This touched off a gold rush and Nevada City and nearby Virginia City (2 miles distant) became the main centers of commerce in the area. However, by the 1930's these were virtual ghost towns. In the early 1940's Montana State Senator Charles A. Bovey and his wife became interested in the preservation of Montana's living history and in the course of the next 30 years invested much of their time and money into the restoration and acquisition of historic properties in both Virginia City and Nevada City, Montana. They also collected antiques, old buildings and railroad equipment from around the state and moved the items to Nevada City for display and storage. This includes a 1.5 mile long operating 30"-gauge railway (Alder Gulch Short Line) that has no historical significance to the Nevada City area.

In 1978 Charles Bovey died and Sue Bovey, his wife, died in 1988. In 1997 the Bovey estate sold their properties in Virginia City and Nevada City to the State of Montana. After the sale, the state created the *Montana Heritage Commission* through the Montana Historical Society to continue preservation and restoration in Virginia City and Nevada City.

Of interest to the Friends are the trucks beneath four 36"-gauge railroad box cars and a few 36"-gauge spare trucks that are located in Nevada City. The cars came from the *Florence and Cripple Creek railroad* (Colorado) via the *Montana Southern railway*. They have no historic significance to the Nevada City area and no track exists there to run on.

We are working with the *Montana Heritage Commission* to obtain the trucks presently located under the F&CC boxcars (which are not historically correct to the cars).

In order to obtain the desired trucks, the *Friends*, are offering to provide work in lieu of cash. We will identify, in conjunction with the *Heritage Commission* curators, work projects useful to their preservation efforts. This work will be performed in two, one week, work sessions over the next three years and generally will entail making needed repairs to their historic assets.

Rider Gon refurbishment (Chama Project # 1121)

The Railroad has made an urgent request for the Friends help in a rebuild of the Antonito Rider Gondola, similar to the rebuild of the Chama Gon done with Friends help during May 2009.

We would like to operate two teams – one replacing the floor and interior siding with Trex and the other prepping and painting the new siding to be installed as the car nears completion.

The railroad season will have already started when we arrive for work on Monday May 24, so completion as fast as possible is a matter of some urgency. Registration preference will be given to those volunteers who worked on the rebuild last year!

This project needs to be completed as fast as possible, certainly no later than completion of the May work sessions ending on June 4th.

Kitchen car conversion (Chama Project # 1142)

Rebuilding of the box car string dedicated to Friends support services will commence May 24, by converting Box Car 3591 into a new Kitchen Car. It is anticipated that a car from the string will be rebuilt each year until each support car needing it will have received attention.

This project needs to be completed as fast as possible, certainly no later than completion of the May work sessions ending on June 4th.

Mile Post and Whistle Board Maintenance (MOW Project #750)

If you would like to be a member of the MOW Milepost job you will need to be able hike 4 to 6 miles in a day at 8,000 to 10,000 feet and carry tools. If you apply for and get selected for this job please have a daypack for water and food and good hiking boots.

Work Session Preparation (Project # 280)

The startup for Sessions A, C, and E usually requires a small crew of volunteers to service equipment, open and set up the kitchen car, erect tents, sometimes deliver supplies to outlying sites, etc. This usually takes place on Friday, Saturday and occasionally on the Sunday preceding the start of the designated work sessions.

If you plan to arrive in Chama a few days early, please consider signing up for this crew in addition to your regular project work. A special space is provided on Form R-2 for this purpose.

Work Session Closedown (Project #282)

At the close of each work session the tendency is for volunteers to immediately leave the area. However, some work still remains. Tools must be serviced and sometimes winterized, inventories taken, tents taken down and put away, lumber and building supplies must be stacked and stored. There are a number of closedown tasks that require a small workforce usually on Friday afternoon and Saturday following the last work session in May, June and August. The August work session is particularly critical since all the *Friends* equipment and supplies must be secured for the winter.

Please help by signing up for this crew in addition to your regular project work. A special space is provided on Form R-2 for this purpose.

Projects # 1003, 1080 & 1118 (Antonito)

It is usually difficult to find volunteers for Antonito projects. If you have the skills for these projects please consider these carefully in your project selection. We need your special help for these projects.

CHECK-IN

Check-in for all work session Volunteers will take place between 1:00 p.m. and 5:00 p.m. the Sunday before the start of each work session in the Chama yard. Volunteers who are assigned to non-Chama work sites and who are not able to check-in at Chama before 5:00 p.m. may pick up their registration packets at their work sites from the site supervisor prior to the beginning of the first workday.

This check-in procedure does not apply to yard/train docents unless also registered as a work session volunteer.

ANNUAL MEETING

The *Friends* annual membership meeting will be held on Friday, June 18, in Conejos, Colorado at 7:00 p.m. The precise location has not been established at this time. Please note there will be a silent auction and sale of *Friends* merchandise at the annual meeting. You may want to arrive early if you would like to participate.

DINNERS

The Friends may have a special dinner preceding the *Friends* annual meeting on June 18, 2010 at Conejos, Colorado. More information will be available later.

TRAIN RIDE DISCOUNT POLICY:

A 10% discount will be afforded to Friends Members as the name appears on their membership card for up to four (4) individuals. Example: If a member's card contains over four family member names on the card, only four individuals will be provided the discount. The remaining individuals will pay the full fare applicable. This discount applies to coach or parlor cars seats on regularly scheduled Cumbres & Toltec trains. The discount is not applicable to any charters or special trains operated over the C&TS. Reservations can be made in person or by calling reservations at 1-888-CUMBRES.

A 25% discount will be afforded to members who participate in work sessions. The member must actually participate in a work session and be registered to qualify. Example: If there is a husband and wife who desire to ride and the husband participates in the work session but the wife does not, he receives the 25% discount and she receives a 10% discount if her name is on the membership card. Reservation agents will verify against a master list supplied by the *Friends*. The 25% discount applies only to coach seats on regularly scheduled trains and not on parlor car seats or any specials or charter trains.

These discounts cannot be combined with any other special fares offered on regularly scheduled trains. Any violation of this policy by a Friends member will result in the revocation of this privilege to the member involved in the infraction.

TOOLS

The *Friends* will provide the major power tools and have some hand tools to loan; but if you bring your own, there will be no shortages or surprises. Make sure your tools are clearly marked. Keep them within your control and do not leave them at the work site overnight.

SAFETY

The *Friends* Safety Brochure includes both *safety rules* and *work rules*. It is included with the signup package as Form R-8, *Work and Safety Rules for Volunteers*.

All volunteers must read the *Work & Safety Rules* prior to attending work sessions. Nothing is more important to the continued success of the volunteer work program than our safety performance. A safety discussion will be conducted as the first order of business on the first day of each work session at the work site. You must attend the safety meeting to participate as a Volunteer.

A special note about clothing: Please note that the *Friends Work & Safety Rules* provide that every Volunteer who is doing field work (maintenance, construction, restoration and renovation) must wear work shoes or boots that protect toes and ankles (no sneakers), long pants, gloves, hard hats, eye protection and other safety apparel as the site supervisors may require. The *Friends* can issue hard hats, goggles and dust masks, but you should bring them if you own them.

Volunteers will be working at altitudes of 7,899 to 10,000 feet. High altitudes mean greater exposure to ultraviolet rays. You may want to work in long sleeve shirts and you should bring plenty of sun-block lotion. You should also be prepared for chilly nights and early mornings particularly in May and the first work session in June, and for afternoon thunderstorms. The mosquitoes can be ferocious in June so bring insect repellent.

Most of us do not live and work at these altitudes and may experience slowed reflexes and shortness of breath. Allow yourself time to acclimate to lower oxygen density (full adaptation can take three to six months). If you are coming from a low elevation, it is a good idea to arrive in the Chama or Antonito area several days ahead of time to allow some time to get used to the higher elevations and avoid "altitude headache".

PETS

Members and volunteers are not permitted to bring pets into the work areas during *Friends* work sessions, or any other *Friends* meetings or gatherings.

PRIVACY

At the end of each work session we usually publish a Directory for *Friends* use that contains the name, address, telephone numbers and E-mail address for work session and docent volunteers. This list is a useful tool for making contacts with work session participants. However, if you have a concern about inclusion of your personal information in the *Friends directory*, please let us know and we will respect it. A space has been provided on the Registration form (Form R-2) where you can tell us to omit your name and address from our directory.

TELEPHONES

Messages may be left for Volunteers during the work sessions at two locations where the *Friends* have seasonal phones. In Chama, NM the number is 575-756-1875 and in Antonito, CO the number is 719-376-5243. A note concerning cell phones: Due to the mountainous topography of the railroad, cell phones work only in some locations. Cell phones usually work in Chama, Cumbres and Antonito but they do not work at Osier.

ACCOMMODATIONS

Be sure to make your accommodation plans well in advance. A list of some of the commercial facilities is included with this package (see Form R-9). There are also informal camping areas near the Cumbres Pass Section house. The Osier crew will make their encampment at the Mogote Meadows Campground on CO highway 17. The campsite at Sublette Heights will not be used in 2010. A hostel and several commercial campgrounds are also located near the cutoffs from Highway 17 into the Osier site. There is also a *Bureau of Land Management* campground near Chama.

There is a Laundromat in Chama but it is closed on Sundays.

TAX DEDUCTIBILITY

The registration fee, as well as expenses to travel to, attend, and travel from, the Work Sessions, including meals, lodging and travel should be tax deductible, pursuant to the Internal Revenue Code. Your tax advisor can give you more details. After the work sessions, the Friends will provide you with a *Letter of Acknowledgement* for your participation for you to keep with your canceled checks and receipts to support your tax deductions.

T-SHIRTS AND NAME BADGES

There will be a *special edition* work session T-shirt that will be available for purchase "off the shelf" at all work sessions. Members who want to purchase a T-shirt by mail order should contact the Friends office (505-880-1311).

In addition to the regular "convention type" work session badges that come with the registration material, the *Friends* also offer a permanent name badge for work session and docent volunteers. These badges are made of durable plastic and can be ordered with either a pin or magnet clasp. They resemble a Friends membership card in look and size. The Friends logo is on the left and the name of the organization is at the top (no address). The volunteers name is printed in the middle with the word "Volunteer" underneath. Use Form R-10 to place your order. The cost is \$12.00 each.

MEDICAL FACILITIES

Neither Chama, NM or Antonito, CO are full facility towns. The nearest hospitals are in Espanola, New Mexico (80 miles) and the San Luis Valley Medical Center in Alamosa, CO (84 miles). There is a small clinic in Tierra Amarilla, NM and there now is a resident physician in Chama. Serious injury or sickness cases are usually taken to the Espanola hospital.